

# 47th ANNUAL WAIKIKI ROUGHWATER SWIM



Brought to you by The Waikiki Roughwater Swim Committee Inc.

## September 5, 2016, Monday – 8:30 am start

A Labor Day Tradition Since 1970

### Race Entry Deadlines

#### Online Entry fees

\$50.00 before Midnight HST May 15, 2016  
\$75.00 before Midnight HST August 15, 2016  
\$85.00 before Midnight HST September 3, 2016

#### Mail in or in Person Entry Fees

\$85.00 Postmarked August 16, 2016  
\$85.00 in Person on September 4, 2016  
\$100.00 in Person on September 5, 2016

### CHOOSE ONE METHOD OF REGISTERING FOR WRSWIM 2016:

**Online at** [www.flpreregister.com/205](http://www.flpreregister.com/205)  
Register, “sign” your Waiver, and  
order T-Shirts, Hats, etc.  
SAVE \$\$\$\$\$\$ by registering online!

*OR*

**By Mail –**  
Download & Print Race Application.  
Read and complete these forms:  
1. Race Information  
2. Entry Form  
3. Waiver

## Tides

**High Tide** 6:39 am @1.6 '  
**Low Tide** 12:44 pm @ 0.06'

Sunrise at 6:16 am

### SPONSORED/SUPPORTED BY THE FOLLOWING ORGANIZATIONS:

Alaska Airlines  
Hilton Hawaiian Village Hotel  
Hui Wa'a Kaukahi Kayak Club  
Rainbow Aquatics Swim Team  
U.S. Coast Guard Auxiliary  
Outrigger Canoe Club  
Hale Koa Hotel  
Hard Core Swim

New Otani Kaimana Beach Hotel  
Sports Authority  
Straub Clinics & Hospital  
Pepsi - Gatorade  
University of Hawaii Swim Team  
Waikiki Swim Club  
Waikiki Yacht Club

## FREE SWIM

## CLINICS

San Souci Beach:  
CANCELLED  
Hilton Hawaiian  
Village Beach:  
8am-9am August 14

# WRS – 2016 ENTRY FORM

DATE OF BIRTH     AGE ON RACE DAY   
 F M MONTH DAY YEAR

Race is Saturday,  
September 5, 2016

LAST NAME (SURNAME)

FIRST NAME (GIVEN NAME)

MAILING ADDRESS

CITY

STATE

ZIPCODE

COUNTRY

AREA CODE

PHONE NUMBER

E-MAIL ADDRESS

IN CASE OF EMERGENCY CONTACT

AREA CODE

PHONE NUMBER

**RACE COMMITTEE WILL  
SEED ENTRIES BY TIME:  
PLEASE READ SEEDED  
START INSTRUCTIONS**

Indicate: **2014** Waikiki Roughwater  
Finish time.

Check here for Slow Group

ENTER 2014 WAIKIKI  
ROUGHWATER SWIM TIME:  
hour - minutes

OR

If you did not swim in 2014  
enter 2000 Meter Time  
hour - minutes

Check here  
for Fin  
Division -  
No Time -  
Last Group.

| AMOUNT ENCLOSED   | Qty |   | Subtotal |
|---|-----|---|----------|
| Must be Postmarked by August 16, 2016.<br>ENTRY FEE (T-Shirt Included) - <b>\$80.00</b><br><b>swim cap included</b> |     | Circle Size: S, M, L, XL, or XXL – Check here for TANK TOP option <input type="checkbox"/><br>Available if received by 8/15 |          |
| Extra Orders  |     |   |          |
| T-Shirts @ \$22.00 each   |     | Circle Size: S, M, L, XL, or XXL <input type="checkbox"/><br>Check here for TANK TOP  |          |
| Baseball Cap @ \$15.00 each   |     |   |          |
| Swim Cap @ \$5.00 each  |     |   |          |
| Military Division – YES or NO   |     |   |          |
|   |     | TOTAL AMOUNT ENCLOSED   |          |

**Race Day Entry Fee - \$100.00 CASH ONLY**

# IMPORTANT!

**Waiver MUST BE SIGNED for entry to be accepted.**

## Accidental Waiver and Release of Liability

I am applying for entry into the 47th Annual Waikiki Roughwater Swim on September 5, 2016. I realize this is an open ocean race subject to tides, currents, and waves and have trained and prepared sufficiently for this event. I realize that this event could not be held unless I am willing to assume all consequences of these risks. Therefore I assume full responsibility to inform myself as to all dangers and risks and I sign this Accident Waiver and release of Liability as a legally binding method of personally assuming all of these risks. In consideration of my entry I agree to execute this Accident Waiver and Release of Liability. The following wording is required by the insurance carrier as a condition of granting an insurance policy for the activities associated with the 47th Annual Waikiki Roughwater Swim.

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of these risks of participation and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault. Race director has the right to reject swimmer entry.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and release of liability form will be used by the event holders, sponsors and organizers, and which I am a participant and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including my traveling to and from this event. The following entities or persons: Atlantis Submarines, Aloha Surf Lifesaving., Hilton Hawaiian Village Hotel, Hui Wa'a Kaukahi Kayak Club, Outrigger Canoe Club, Pacific Sports Events and Timing, Tro Pics Hawaii, Rainbow Aquatics, Straub Clinic & Hospital, Hard Core Swim, The New Otani Kaimana Beach Hotel, U.S. Coast Guard Auxiliary, Waikiki Roughwater Swim Committee, Inc., Hale Koa Hotel, City and County of Honolulu, State of Hawaii and/or any other entities affiliated with the event, their directors, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this event, whether caused by negligence of releases or otherwise. To be considered an official finisher you must complete the race in less than 2 hours and 40 minutes.

I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This Accident Waiver and Release of Liability shall be constructed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document and I understand its content. No refunds.

\_\_\_\_\_  
Print Swimmer's Name

\_\_\_\_\_  
Age

\_\_\_\_\_  
Signature (if under 18 years old Parent  
Parent or Guardian must sign)

\_\_\_\_\_  
Date

### Parent Guardian Waiver for Minors (under 18 years old)

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to act and release said parties on behalf of the minor and the parents or legal guardian.

## Sept 5, 2016 – 47th ANNUAL WAIKIKI ROUGHWATER SWIM

Open to all ages – Distance 2.384 miles (3.8km)

**RACE PACKET:** For entries received prior to August 17, 2016 an Email Confirmation and Pre-Race Instructions will be Emailed to each entrant. If no Email Confirmation is received by Thursday, September 1, 2016, you must go to the late registration desk to pick up your Confirmation Card. This card is required to obtain your race chip on race day. If you want confirmation of receipt of entry, look on the website [www.waikikiroughwaterswim.com](http://www.waikikiroughwaterswim.com). Race numbers, swim caps and timing chips will be available for pick up at Sans Souci Beach on race day 6:30 am to 8:00 am.

**DATE:** 8:30 am, Saturday, September 5, 2016.

**COURSE:** Out the Kapua (Outrigger Canoe Club) Channel, across Waikiki, and in the Hilton Hawaiian Village Hotel channel. Course will be marked by buoys every few hundred meters.

**START:** Sans Souci Beach between the Natatorium and the New Otani Kaimana Beach Hotel, Waikiki. There will be staggered starts at 5-minute intervals beginning at 8:30 am.

**SEEDING START:** To reduce crowding at the start, the field will be divided into groups of approximately 150 to 200 swimmers based upon seeded times. The fastest swimmers will be in the first group and slower swimmers in the succeeding groups. Seeding is first come, first served. Late entries may be put into slower groups depending on availability. The race committee reserves the right to place you in any group. If you have been unable to finish in the past or have difficulty swimming 2000 meters without stopping you should not enter unless you have significantly improved your swimming ability. If you swam the 2014 WRS, please enter your time (can be found on the 2014 WRS Official Results) in the space provided on the application form. Otherwise enter your 2000 Meter Swim Time.

**SAFETY:** Your safety is our most important concern. There will be jetskis and paddlers on surfboards patrolling the racecourse. Swimmers are responsible for their own physical condition and are encouraged to train adequately and have a physical check-up prior to the swim. Swimmers who have not passed the buoy No. 10 by 10:30 am will be pulled from the water. All non-finishers will be taken to the Ala Wai Boat Harbor.

**FINISH:** Duke Kahanamoku beach in front of the Hilton Hawaiian Village Hotel. Swimmers must cross the finish line, which will be 20-30 meters up the beach from the water's edge. To be an official finisher, you must complete the race in less than 2 hours and 40 minutes wearing your WRS swim cap.

**NUMBERING:** Officials will mark race numbers on swimmers legs and arms. Unmarked swimmers will be disqualified.

**EMAIL:** Race numbers will be emailed to entrants by September 3, 2016. Your race number may also be picked up in person at the late registration table on Sept 4 or Sept 5.

**ESCORTS:** To ensure fair competition, escorts on watercraft are not permitted. Swimmers not entered are not allowed on the course without permission from the race director.

**SWIM APPAREL AND EQUIPMENT:** This is a swimming event: flotation devices, fins (except for the fin division), wetsuits of any kind or any other swimming aides are prohibited. Goggles are strongly recommended. Your entry fee includes a swim cap that MUST be worn during the race (start, swim and finish). Swim suits for males may be briefs or jammers and for females suits must be of regular length from the shoulders to the hips and one or two piece.

**PROTESTS:** Must be submitted to referee at finish line within 30 minutes of swimmer's finish.

**ENTRY FEE:** \$85.00 per swimmer for mail in entries. Entries must be postmarked by August 16, 2016. Entry fee is non-refundable. Checks payable to: WRSC. Mail to: WRSC, 6158 Summer, Honolulu, HI 96821. Register online at [www.flpregister.com/205](http://www.flpregister.com/205) and save!!!!

**LATE REGISTRATION:** Late entries will be accepted from noon to 3:00 pm Sept 4, 2016 at BOCA HAWAII

330 Cooke Street, Honolulu, HI. Hardcore Swim Suits may be picked up at this time as well. \$85.00 CASH ONLY

**RACE DAY ENTRIES:** Late entries will be accepted race day between 7:00 am and 8:00 am. Race day entry fee is \$100.00: CASH ONLY.

**T-SHIRTS:** All T-shirts will be distributed at the finish line. If you do not swim or finish the race, you can still pick up your shirt at the Shirt Table. T-shirt table will close at 1:00 pm.

**AGE DIVISIONS:** Male & Female: 10&Under, 11-12, 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-85 etc and top three military finishers. Top three overall male and female finishers will be placed in an elite division. The fin division will not utilize age groups and all fin swimmers will start last.

**AWARDS:** Name of the first individual to finish will be engraved on the "Alexander Hume Ford" perpetual trophy. First female will be honored on a new perpetual trophy. Elite division awards to the top three male and female finishers. Elite division winners will not participate in the age group competition. Awards will be presented to the top three male and female finishers in each division. "Bossabean Cup 2016 trophy to the first place men's 65-69 division. Awards ceremony to start at 11:30. Timers will wait for the last official swimmer to finish. Results will be available at [www.waikikiroughwaterswim.com](http://www.waikikiroughwaterswim.com). Awards will not be mailed to the winners at the expense of the committee.

**QUESTIONS:** Please address questions in writing and send with a SASE to: WRSC, 6158 Summer, Honolulu, HI 96821; or by email: [kaiawrs@gmail.com](mailto:kaiawrs@gmail.com)

**ENTER ONLINE AT [www.flpregister.com/205](http://www.flpregister.com/205) and Save \$\$\$\$**  
**It will cost you more for mail-in entries. We encourage you to sign up on-line!**